

# foundations first

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|-------------------------------------|---|
| <u>Freudian Slip</u> .....          | 5th Street Market, 541.345.7547         |
| <u>Macy's</u> .....                 | Valley River Center, 541.342.6611       |
| <u>Ruth's Foundation Shop</u> ..... | 2823 Oak St, 541.686.0656               |
| <u>Soma</u> .....                   | Chico's, 40 Oakway Center, 541.344.4775 |

## It's what's underneath that counts...

They're the hardest working pieces in your wardrobe! Make sure they're working for you, not against you.

- Take your time when shopping for foundations and never settle because you're overwhelmed. Stop and take a breather (or get a bevvie!) if needed.
- Have a professional bra fitting. Yes, it's intimate and yes, it makes all the difference.
- Look for quality - price does matter.
- Take your outfit with you if you're looking for a specific piece to go under it.
- Shop with a friend to make it a fun outing!
- Be brave and try a different style or design. You might surprise yourself.

# happy shoes = happy feet

**BONUS!**

|                                  |                                   |
|----------------------------------|-----------------------------------|
| <u>Jim the Shoe Doctor</u> ..... | 485 E 11th, 541.689.2288          |
| <u>Burch's Shoe Outlet</u> ..... | 1 Club Road, 541.972.4040         |
| <u>Baker's Boots</u> .....       | 2642 Roosevelt Blvd, 541.689.5379 |
| <u>DSW</u> .....                 | 160 Oakway Road, 541.343.2037     |

## Starting at ground level...

Look after your shoes and they'll look after you! Keep them dry and polished, use shoe trees or a blow-up boot shapers, and get repairs done immediately.

- Cobblers can stretch shoes and boots (but only to a degree).
- Use Windex to polish patent leather.
- Tiny nicks can be filled with a dab of similarly-colored nail polish.

