

foundations first

<u>Freudian Slip</u>	5th Street Market, 541.345.7547
<u>Macy's</u>	Valley River Center, 541.342.6611
<u>Ruth's Foundation Shop</u>	2823 Oak St, 541.686.0656

It's what's underneath that counts...

They're the hardest working pieces in your wardrobe! Make sure they're working for you, not against you.

- Take your time when shopping for foundations and never settle because you're overwhelmed. Stop and take a breather (or get a bevie!) if needed.
- Have a professional bra fitting. Yes, it's intimate and yes, it makes all the difference.
- Look for quality - price does matter.
- Take your outfit with you if you're looking for a specific piece to go under it.
- Shop with a friend to make it a fun outing!
- Be brave and try a different style or design. You might surprise yourself.

happy shoes = happy feet

BONUS!

<u>Jim the Shoe Doctor</u>	485 E 11th, 541.689.2288
<u>Burch's Shoe Outlet</u>	1 Club Road, 541.972.4040
<u>Baker's Boots</u>	2642 Roosevelt Blvd, 541.689.5379
<u>DSW</u>	160 Oakway Road, 541.343.2037

Starting at ground level...

Look after your shoes and they'll look after you! Keep them dry and polished, use shoe trees or a blow-up boot shapers, and get repairs done immediately.

- Cobblers can stretch shoes and boots (but only to a degree).
- Use Windex to polish patent leather.
- Tiny nicks can be filled with a dab of similarly-colored nail polish.

